Date Submitted: 08/27/19 9:25 am

Viewing: **PHEDBS : Teaching K-12 Physical Education & Health, Bachelor of Science in Education**

Last approved: 05/23/19 9:59 am

Last edit: 08/28/19 4:02 pm

Changes proposed by: pcallej

---

**Catalog Pages Using this Program**

- Teaching K-12 Physical Education and Health B.S.E.
- Teaching K-12 Physical Education and Health (PHED)

---

**Submitter:** User ID: crsleaf1

Phone: 575-2859

**Program Status:** Active

**Academic Level:** Undergraduate

**Type of proposal:** Major/Field of Study

**Select a reason for this modification**

Making Minor Changes to an Existing Degree (e.g. changing 15 or fewer hours, changing admission/graduation requirements, adding/changing Focused Study or Track)

Are you adding a concentration?

No

Are you adding or modifying a track?

No

Are you adding or modifying a focused study?

No

**Effective Catalog Year:** Fall 2020

**College/School Code**

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**In Workflow**

1. EDUC Dean Initial
2. Director of Program Assessment and Review
3. Registrar Initial
4. Institutional Research
5. HHPR Chair
6. EDUC Curriculum Committee
7. EDUC Faculty
8. EDUC Dean
9. Global Campus
10. Provost Review
11. University Course and Program Committee
12. Faculty Senate
13. Provost Final
14. Provost's Office--Notification of Approval
15. Registrar Final
16. Catalog Editor Final

---

**Approval Path**

1. 08/27/19 9:44 am Ketevan Mamiseishvili (kmamisei): Approved for EDUC Dean Initial
2. 08/28/19 3:05 pm Alice Griffin (agriffin): Approved for Director of
College of Education and Health Professions (EDUC)

Department Code
Department of Health, Human Performance and Recreation (HHPR)

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<th>PHEDBS</th>
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<td>Degree</td>
<td>Bachelor of Science in Education</td>
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3. 08/28/19 4:03 pm
Lisa Kulczak (lkulcza): Approved for Registrar Initial

4. 08/28/19 4:17 pm
Gary Gunderman (ggunderm): Approved for Institutional Research

5. 08/28/19 4:34 pm
Matthew Ganio (msganio): Approved for HHPR Chair

6. 09/04/19 2:27 pm
Ketevan Mamiseishvili (kmamisei): Approved for EDUC Curriculum Committee

7. 09/04/19 3:35 pm
Ketevan Mamiseishvili (kmamisei): Approved for EDUC Faculty

8. 09/04/19 3:36 pm
Ketevan Mamiseishvili (kmamisei): Approved for EDUC Dean

9. 09/04/19 4:43 pm
Suzanne Kenner
10. 09/05/19 8:38 am
Terry Martin
(tmartin): Approved
for Provost Review
11. 09/30/19 5:01 pm
Alice Griffin
(agriffin): Approved
for University
Course and Program
Committee

History
1. Aug 15, 2014 by
Leepfrog
Administrator
(clhelp)
2. Mar 5, 2015 by
Susan Mayes
(smayes)
3. Apr 17, 2015 by
Charlie Alison
(calison)
4. May 11, 2015 by
Charlie Alison
(calison)
5. May 12, 2016 by
Charlie Alison
(calison)
6. May 17, 2016 by
Lisa Kulczak (lkulcza)
7. May 27, 2016 by
Charlie Alison
(calison)
8. May 27, 2016 by
Charlie Alison
(calison)
9. Mar 1, 2017 by
Susan Mayes
31.0501 - Health and Physical Education/Fitness, General.

Program Title
Teaching K-12 Physical Education & Health, Bachelor of Science in Education

Program Delivery
Method
On Campus

Is this program interdisciplinary?
No

Does this proposal impact any courses from another College/School?
No

What are the total hours needed to complete the program?
120

Program Requirements and Description

Requirements

Teaching K-12 Physical Education and Health

Admission to K-12 Teaching Physical Education and Health, which prepares a student to teach in the public schools, requires the following:
Must be admitted to the teacher education program in K-12 (see the Teacher Education Application Fee) after their sophomore year (45 hours of coursework).
Passing scores on ACT, SAT, GRE or PRAXIS Core (see adviser)
Successfully complete an Arkansas State Police and Arkansas Child Maltreatment Registry background check (Background checks must be current, there is a fee for this process.)
Prior to taking the following pedagogical courses PHED 3003, PHED 3033, PHED 3043, students are required to have a cumulative grade point average of 2.5 or above
Prior to taking the following pedagogical courses PHED 4703, PHED 4743, PHED 432V, students are required to have a cumulative grade point average of 2.7 or above.

To be eligible to enroll in the Senior Block Internship semester (PHED 4023, PHED 407V, PHED 4733), students are required to:

- Have a cumulative grade point average of 2.7 and maintain through degree completion

Successfully complete an Arkansas State Police and Arkansas Child Maltreatment Registry background check if not completed at Stage II (Background checks must be current, there is a fee for this process.)

Present scores for the Praxis II exams required by the Arkansas Department of Education licensure area of K-12 Physical Education, Wellness and Leisure

**Students interested in obtaining an endorsement in coaching should contact** In order to complete the Director of Teacher Licensure in the Office of Teacher Education. Teaching K-12 Physical Education and Health, students must maintain a 2.7 cumulative grade point average and complete all university requirements for graduation.

### University Core (State Minimum Core)

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>ACTS Equivalency</th>
</tr>
</thead>
<tbody>
<tr>
<td>PSYC 2003</td>
<td>General Psychology</td>
<td>PSYC 1103</td>
</tr>
<tr>
<td>BIOL 1543</td>
<td>Principles of Biology</td>
<td>BIOL 1014 Lecture</td>
</tr>
<tr>
<td>&amp; BIOL 1541L</td>
<td>Principles of Biology Laboratory</td>
<td>BIOL 1014 Lab</td>
</tr>
<tr>
<td>BIOL 2443</td>
<td>Human Anatomy</td>
<td>BIOL 2404 Lecture</td>
</tr>
<tr>
<td>&amp; BIOL 2441L</td>
<td>Human Anatomy Laboratory</td>
<td>BIOL 2404 Lab</td>
</tr>
</tbody>
</table>

(All hours counted in the state minimum core)

### Additional Requirements for Teaching K-12 Physical Education and Health (45 hours)

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
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</thead>
<tbody>
<tr>
<td>PBHL 1103</td>
<td>Personal Health and Safety</td>
</tr>
<tr>
<td>COMM 1313</td>
<td>Public Speaking</td>
</tr>
<tr>
<td>PHED 1003</td>
<td>The Physical Education Profession: An Overview</td>
</tr>
<tr>
<td>PHED 2023</td>
<td>Sport Skills</td>
</tr>
<tr>
<td>PHED 2373</td>
<td>Elementary Physical Education</td>
</tr>
<tr>
<td>PHED 3163</td>
<td>Exercise Physiology: Theory and Application</td>
</tr>
<tr>
<td>or EXSC 3153</td>
<td>Exercise Physiology</td>
</tr>
<tr>
<td>PHED 3203</td>
<td>Principles and Problems of Coaching</td>
</tr>
<tr>
<td>PHED 3223</td>
<td>Motor Development</td>
</tr>
<tr>
<td>PHED 3413</td>
<td>Administration in Physical Education</td>
</tr>
<tr>
<td>PHED 3573</td>
<td>The School Health Program</td>
</tr>
<tr>
<td>PHED 3623</td>
<td>Sport Sociology</td>
</tr>
<tr>
<td>PHED 3903</td>
<td>Physical Education for Special Populations</td>
</tr>
<tr>
<td>CIED 3033</td>
<td>Classroom Learning Theory</td>
</tr>
<tr>
<td>CNED 4003</td>
<td>Classroom Human Relations Skills</td>
</tr>
<tr>
<td>or CNED 3053</td>
<td>The Helping Relationship</td>
</tr>
<tr>
<td>EXSC 3013</td>
<td>Functional Anatomy for Exercise Science</td>
</tr>
<tr>
<td>or EXSC 3353</td>
<td>Mechanics of Human Movement</td>
</tr>
</tbody>
</table>

PHED Pedagogical Courses (16-17 hours)
Admission to the Pedagogical Courses - Meet Stage II Requirements

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Units</th>
</tr>
</thead>
<tbody>
<tr>
<td>PHED 3003</td>
<td>Outdoor Education</td>
<td>3</td>
</tr>
<tr>
<td>PHED 3033</td>
<td>Educational Rhythms and Gymnastics</td>
<td>3</td>
</tr>
<tr>
<td>PHED 3043</td>
<td>Teaching Fitness</td>
<td>3</td>
</tr>
</tbody>
</table>

Senior PHED Courses

Admission to Senior PHED Courses - Meet Stage III Requirements

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Units</th>
</tr>
</thead>
<tbody>
<tr>
<td>PHED 432V</td>
<td>Teaching Practicum (1 or 2 hours)</td>
<td>1-2</td>
</tr>
<tr>
<td>PHED 4743</td>
<td>Secondary Physical Education</td>
<td>3</td>
</tr>
<tr>
<td>PHED 4703</td>
<td>Assessment in Physical Education</td>
<td>3</td>
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</tbody>
</table>

Internship Semester

<table>
<thead>
<tr>
<th>Course</th>
<th>Title</th>
<th>Units</th>
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</thead>
<tbody>
<tr>
<td>PHED 4023</td>
<td>Class Management</td>
<td>3</td>
</tr>
<tr>
<td>PHED 407V</td>
<td>Physical Education Teaching Internship</td>
<td>6</td>
</tr>
<tr>
<td>PHED 4733</td>
<td>Senior Seminar</td>
<td>3</td>
</tr>
</tbody>
</table>

General Electives

As needed for total hours based on waivers, exemptions and transfer inequalities

Total Hours

120

1 Students may also count completion of the Anatomy and Physiology I course at another Arkansas institution for this requirement.

Students interested in obtaining an endorsement in coaching should contact the Coordinator of Teacher Education. All students seeking licensure in the state of Arkansas are subject to a criminal background check. Forms for this procedure may be obtained at the office of the Teacher Certification Officer, at the State Department, or any police station, including the campus police. These background checks take up to six months to process; therefore, students are advised to complete and submit the forms to the proper authorities six months in advance of actually applying for a license. Arkansas will not certify anyone who has been convicted of a felony. Although not required for the Kinesiology concentration in Physical Education, Wellness and Leisure, students seeking coaching endorsement will need to take PHED 4001, take the appropriate standardized exams (ACT, SAT, GRE, or PRAXIS core) as designated by the Arkansas State Department of Education, and make a "C" or better in all courses required by the University of Arkansas for the Coaching Endorsement. Please see the College of Education and Health Professions PDF for these specific course numbers.

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8-Semester Plan

**Teaching K-12 Physical Education & Health**

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**Eight-Semester Degree Program (PHEDBS)**

The teacher education program for Teaching K-12 Physical Education & Health does not qualify for the eight semester degree plan due to standardized exams (ACT, SAT, GRE, or PRAXIS core) and cumulative GPA requirements for progression. However, the following 8-semester sample plan shows how a first-year student could select their courses.
<table>
<thead>
<tr>
<th>Units</th>
<th>Fall</th>
<th>Spring</th>
</tr>
</thead>
<tbody>
<tr>
<td>16</td>
<td>15</td>
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**First Year**

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Units</th>
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</thead>
<tbody>
<tr>
<td>ENGL 1013</td>
<td>Composition I (ACTS Equivalency = ENGL 1013)</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td>Social Science (except PSYC 2003)</td>
<td>3</td>
</tr>
<tr>
<td>BIOL 1543</td>
<td>Principles of Biology (ACTS Equivalency = BIOL 1014 Lecture)</td>
<td>4</td>
</tr>
<tr>
<td>&amp; BIOL 1541</td>
<td>Principles of Biology Laboratory (ACTS Equivalency = BIOL 1014 Lab)</td>
<td></td>
</tr>
<tr>
<td>PBHL 1103</td>
<td>Personal Health and Safety</td>
<td>3</td>
</tr>
<tr>
<td>PHED 1003</td>
<td>The Physical Education Profession: An Overview</td>
<td>3</td>
</tr>
<tr>
<td>ENGL 1023</td>
<td>Composition II (ACTS Equivalency = ENGL 1023)</td>
<td>3</td>
</tr>
<tr>
<td>MATH 1203</td>
<td>College Algebra (ACTS Equivalency = MATH 1103)</td>
<td>3</td>
</tr>
<tr>
<td>COMM 1313</td>
<td>Public Speaking (ACTS Equivalency = SPCH 1003)</td>
<td>3</td>
</tr>
<tr>
<td>U.S. History or American National Government</td>
<td>1</td>
<td>3</td>
</tr>
<tr>
<td>PHED 2023</td>
<td>Sport Skills</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td>Year Total:</td>
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**Second Year**

<table>
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<th>Fall</th>
<th>Spring</th>
</tr>
</thead>
<tbody>
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<td>16</td>
<td>15</td>
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<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Units</th>
</tr>
</thead>
<tbody>
<tr>
<td>PHED 3223</td>
<td>Motor Development</td>
<td>3</td>
</tr>
<tr>
<td>PSYC 2003</td>
<td>General Psychology (ACTS Equivalency = PSYC 1103)</td>
<td>3</td>
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<tr>
<td></td>
<td>General Elective</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td>Fine Arts or Humanities</td>
<td>3</td>
</tr>
<tr>
<td>BIOL 2443</td>
<td>Human Anatomy (ACTS Equivalency = BIOL 2404 Lecture)</td>
<td>4</td>
</tr>
<tr>
<td>&amp; BIOL 2441</td>
<td>Human Anatomy Laboratory (ACTS Equivalency = BIOL 2404 Lab)</td>
<td></td>
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<tr>
<td></td>
<td>Social Science (except PSYC 2003)</td>
<td>3</td>
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<tr>
<td></td>
<td>Humanities or Fine Arts</td>
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<tr>
<td></td>
<td>General Elective</td>
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<tr>
<td>PHED 2373</td>
<td>Elementary Physical Education</td>
<td>3</td>
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**Third Year**

<table>
<thead>
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<th>Units</th>
<th>Fall</th>
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<td>3</td>
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<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Units</th>
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</thead>
<tbody>
<tr>
<td>PHED 3003</td>
<td>Outdoor Education</td>
<td>4</td>
</tr>
<tr>
<td>CIED 3033</td>
<td>Classroom Learning Theory</td>
<td>3</td>
</tr>
<tr>
<td>PHED 3203</td>
<td>Principles and Problems of Coaching</td>
<td>3</td>
</tr>
<tr>
<td>PHED 3903</td>
<td>Physical Education for Special Populations</td>
<td>3</td>
</tr>
<tr>
<td>PHED 3163</td>
<td>Exercise Physiology: Theory and Application</td>
<td>3</td>
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<tr>
<td>PHED 3033</td>
<td>Educational Rhythms and Gymnastics</td>
<td>3</td>
</tr>
<tr>
<td>PHED 3043</td>
<td>Teaching Fitness</td>
<td>4</td>
</tr>
<tr>
<td>EXSC 3353</td>
<td>Mechanics of Human Movement</td>
<td>3</td>
</tr>
<tr>
<td>or EXSC 3013</td>
<td>Functional Anatomy for Exercise Science</td>
<td></td>
</tr>
<tr>
<td>PHED 3413</td>
<td>Administration in Physical Education</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td>Year Total:</td>
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<tr>
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<td>Course Name</td>
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</tr>
<tr>
<td>-------------</td>
<td>--------------------------------------</td>
<td>------</td>
</tr>
<tr>
<td>PHED 3623</td>
<td>Sport Sociology</td>
<td></td>
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<td></td>
<td><strong>Year Total:</strong></td>
<td>15</td>
</tr>
<tr>
<td>PHED 3573</td>
<td>The School Health Program</td>
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<td></td>
<td><strong>Units</strong></td>
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</tr>
<tr>
<td>CNED 4003</td>
<td>Classroom Human Relations Skills</td>
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</tr>
<tr>
<td></td>
<td><strong>Units</strong></td>
<td>3</td>
</tr>
<tr>
<td>PHED 432V</td>
<td>Teaching Practicum</td>
<td></td>
</tr>
<tr>
<td></td>
<td><strong>Units</strong></td>
<td>1</td>
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<tr>
<td>General Elective</td>
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</tr>
<tr>
<td></td>
<td><strong>Units</strong></td>
<td>3</td>
</tr>
<tr>
<td>PHED 4703</td>
<td>Assessment in Physical Education</td>
<td></td>
</tr>
<tr>
<td></td>
<td><strong>Units</strong></td>
<td>3</td>
</tr>
<tr>
<td>PHED 4743</td>
<td>Secondary Physical Education</td>
<td></td>
</tr>
<tr>
<td></td>
<td><strong>Units</strong></td>
<td>3</td>
</tr>
<tr>
<td>PHED 4023</td>
<td>Class Management</td>
<td></td>
</tr>
<tr>
<td></td>
<td><strong>Units</strong></td>
<td>3</td>
</tr>
<tr>
<td>PHED 407V</td>
<td>Physical Education Teaching Internship</td>
<td></td>
</tr>
<tr>
<td></td>
<td><strong>Units</strong></td>
<td>6</td>
</tr>
<tr>
<td>PHED 4733</td>
<td>Senior Seminar</td>
<td></td>
</tr>
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<td></td>
<td><strong>Units</strong></td>
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<tr>
<td></td>
<td><strong>Year Total:</strong></td>
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</tr>
<tr>
<td></td>
<td><strong>Total Units in Sequence:</strong></td>
<td>120</td>
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</tbody>
</table>

1. Core areas must be completed as outlined in [University Core](https://nextcatalog.uark.edu/programadmin/).
2. [EXSC 3153](https://nextcatalog.uark.edu/programadmin/) has additional prerequisites not included in program of study.
3. Must have grade ‘C’ or better to award degree credit.
4. Passing score on ACT, SAT, GRE, or PRAXIS core (see advisor)

Are Similar Programs available in the area? 

No

| Estimated Student Demand for Program | 157 |
| Scheduled Program Review Date       | 2019 |

Program Goals and Objectives

1. Program graduates will have requisite knowledge and skills to design quality physical education and health lessons and programs for K-12 school children.
2. Program graduates will possess the professional dispositions necessary to effectively work as a teacher or coach in the K-12 school environment.
3. Program graduates will have skills needed to establish a class environment that promotes learning.
4. Program graduates will have instructional skills needed to engage students in learning based on national and state standards.
Learning Outcomes

1. Students will pass Praxis Core and Praxis II content area tests required for licensure in K12 Health and Physical Education.
2. Students will complete the Kinesiology K-12 degree program with a minimum GPA of 2.75.
3. Students will earn a grade of “C” or better in all required K-12 teaching courses.
4. Students will earn a minimum average score of 2.5 on the 22 components of the Framework for Teaching assessment during their teaching internship.
5. Students will demonstrate the ability to work collaboratively in a K-12 school environment.
6. Students will be able to reflect on their own practices and compare them to accepted practices in the field.

Description and justification of the request

<table>
<thead>
<tr>
<th>Description of specific change</th>
<th>Justification for this change</th>
</tr>
</thead>
<tbody>
<tr>
<td>Students are required to have a 2.7 GPA at the completion of all coursework (Graduation). This requirement was removed.</td>
<td>The 2.7 graduation GPA was removed because program faculty did not want to impede a students graduation if they fell below the 2.7 GPA after completing 120 hours of coursework. In the internship, students typically exceed the 2.7 GPA requirement.</td>
</tr>
</tbody>
</table>

Upload attachments

Reviewer Comments

Lisa Kulczak (Ikulcza) (08/28/19 4:02 pm): Added hyperlink for the Office of Teacher Education.