

Date Submitted: 10/20/25 11:57 am

Viewing: **NUTR-M : Human Nutrition Minor**

Last approved: 10/04/24 5:03 pm

Last edit: 01/07/26 11:16 am

Changes proposed by: mcrob

Catalog Pages Using
this Program

[Food, Nutrition and Health \(FNAH\)](#)
[Human Nutrition and Dietetics](#)

Submitter:

N/A ~~5-4863~~

User ID:

mcrob ~~trudo~~

Phone:

Program Status

Active

Academic Level

Undergraduate

Type of proposal

Minor

Select a reason for this modification

Making Minor Changes to an Existing Certificate, Degree or Program (including 15 or fewer hours, admission/graduation requirements, Focused Studies or Tracks)

Effective Catalog Year

Fall 2026

College/School Code

Bumpers College of Agricultural, Food, and Life Sciences (AFLS)

Department Code

Department of Human Environmental Sciences (HESC)

Program Code

NUTR-M

Degree

Minor

CIP Code

In Workflow

1. AFLS Dean Initial
2. Provost Initial
3. Director of Curriculum Review and Program Assessment
4. Registrar Initial
5. Institutional Research
6. HESC Chair
7. HESC Curriculum Committee
8. AFLS Faculty
9. AFLS Dean
10. Global Campus
11. Provost Review
12. Undergraduate Council
13. Faculty Senate
14. Provost Final
15. Registrar Final
16. Catalog Editor Final

Approval Path

1. 10/21/25 2:05 pm
Jackie Mosley (jwiersma): Approved for AFLS Dean Initial
2. 10/25/25 7:30 am
Jim Gigantino (jgiganti): Approved for Provost Initial
3. 01/07/26 10:59 am
Lisa Kulczak (lkulcza): Rollback to AFLS Dean Initial for

Director of
Curriculum Review
and Program
Assessment

4. 01/07/26 12:54 pm

Jackie Mosley
(jwiersma):
Approved for AFLS
Dean Initial

5. 01/08/26 4:54 pm

Jim Gigantino
(jgiganti): Approved
for Provost Initial

6. 01/08/26 5:03 pm

Lisa Kulczak
(lkulcza): Approved
for Director of
Curriculum Review
and Program
Assessment

7. 01/12/26 6:58 am

Gina Daugherty
(gdaugher):
Approved for
Registrar Initial

8. 01/12/26 9:42 am

Doug Miles
(dmiles): Approved
for Institutional
Research

9. 01/15/26 3:25 pm

Donna Graham
(dgraham):
Approved for HESC
Chair

10. 01/15/26 3:31 pm

Kelly Way (kway):
Approved for HESC
Curriculum
Committee

11. 01/15/26 9:00 pm
Kristen Gibson
(keg005): Approved
for AFLS Faculty
12. 01/16/26 7:51 am
Jackie Mosley
(jwiersma):
Approved for AFLS
Dean
13. 01/16/26 9:52 am
Suzanne Kenner
(skenner): Approved
for Global Campus
14. 01/16/26 2:34 pm
Jim Gigantino
(jgiganti): Approved
for Provost Review
15. 02/27/26 3:57 pm
Lisa Kulczak
(lkulcza): Approved
for Undergraduate
Council

History

1. May 8, 2018 by
Nancy Simkins
(nsimkin)
2. May 2, 2024 by
trudo
3. Oct 4, 2024 by Jean
Mitchell (jem03)

19.0501 - Foods, Nutrition, and Wellness Studies, General.

Program Title

Human Nutrition Minor

Program Delivery

Method

On Campus

Is this program interdisciplinary between two or more colleges or schools?

No

Do the proposed changes impact any specific course(s) from another college or school?

No

What are the total
hours needed to
complete the
program?

18-19 19

Program Requirements and Description

Requirements

Minor in Human Nutrition (NUTR-M)

The Human Nutrition minor will consist of 18-19 hours to include the following:

Required Courses

12

NUTR 12103 Fundamentals of Nutrition

NUTR 32003 Human Nutrition

NUTR 42403 Community Nutrition

~~Bumpers College students who wish to pursue this minor should complete the major/minor change form at <https://forms.uark.edu/xfp/form/484>. Students pursuing a major outside of Bumpers College should contact their college's dean's office to request the minor to be added. If you have questions, contact Bumpers College Student Services at 479-575-2252 or afisdean@uark.edu.~~

NUTR 42503 Nutrition Through The Lifespan

Select 6-7 hours from the following:

6-7

NUTR 21103 Principles of Foods
& NUTR 21101 and Principles of Foods Laboratory

NUTR 22003 Sports Nutrition

NUTR 42203 ~~Life Cycle Nutrition (Pre-: NUTR 32003)~~

NUTR 42103 Advanced Nutrition I

~~Select 6 hours from the following:~~

6

NUTR 42303 Advanced Nutrition II

NUTR 43003 Cultural Perspectives on Foods

NUTR 43103

Nutritional Pathophysiology

NUTR 44033

Recipe Modification

NUTR 45003

Communicating Nutrition

Total Hours

18-

19

8-Semester Plan

Are Similar Programs available in the area?

No

Estimated Student NA

Demand for Program

Scheduled Program NA

Review Date

Program Goals and
Objectives

Program Goals and Objectives

- Develop an understanding of the significant role of nutrition in both health and disease.
- Understand specific role of nutrients within humans
- Understand necessity of utilizing evidence based information when applying nutrition knowledge to groups and individuals.
- Demonstrate effective and professional oral and written communication and documentation.

Learning Outcomes

Learning Outcomes

- Students will understand the role of nutrition in everyday health and wellness.
- Students will develop knowledge of chemical, physical and environmental properties of food and the impact of each in food preparation.
- Students will develop a foundation for incorporating knowledge of food preparation techniques in relation to nutritional principles applied to human diet and health.
- Students will understand the nutritive value of foods and the functions of specific nutrients in basic disease or condition specific states throughout the life cycle

Description and justification of the request

Description of specific change	Justification for this change
Move NUTR 21103/21101 to options category. Move NUTR 42403 to Core Requirements. Remove NUTR 42103 and NUTR 42203. Add NUTR 42503 to Core Requirements. Add NUTR 42303, NUTR 43003, NUTR 43103, NUTR 44033, NUTR 44031, and NUTR 45003 to options category. Change core requirements to 12 hours total, electives to 6-7 and total hours to 18-19.	NUTR-M did not have an appropriate number of graduates each year. It was identified that many students declared human nutrition as a minor but weren't able to finish due to the prerequisites needed to enroll in the requirements or course offering limitations. Changes were made to better reflect a well rounded human nutrition minor that includes more options for increased completion.

Upload attachments

[26-27-nutr-m.docx](#)

Reviewer Comments

Lisa Kulczak (lkulcza) (01/06/26 5:59 pm): Because proposed updates change the total number of hours required for the minor, this requires full campus approval.

Lisa Kulczak (lkulcza) (01/07/26 10:59 am): Rollback: Although the minor can be completed in 18 hours, citing a range of 18-19 hours seems more appropriate, since NUTR 21103/21101 is now an option in the "Select 6 hours from the following" section, rather than being part of the required courses. Can students take 21103 without enrolling in the lab?