# SCHOOL OF HUMAN ENVIRONMENTAL SCIENCES

## EIGHT-SEMESTER DEGREE COMPLETION PROGRAM

### B.S.H.E.S. – Food, Nutrition and Health (FNAH)

### 2023-2024

FNAH Requirements: 1 hour University Perspectives; 12 hours Communications; 3 hours History; 6 hours Mathematics; 8 hours Physical and Biological Sciences; 6 hours Fine Arts/Humanities; 9 hours Social Sciences; 33 hours FNAH Core requirements; 42 hours electives.

Key: **Bold** = Course meets University Core. Pre-requisites, co-requisites, or recommended courses are in parentheses.

#### Fall Semester Year 1

* **CHEM 1103/1101L** University Chemistry I w/ Lab OR **CHEM 1073/1071L** **Fundamentals of Chemistry**, 4 hours
* NUTR 1213 Fundamentals of Nutrition, 3 hours
* HOSP 2611 Food Service Sanitation, 1 hour
* UNIV 1001 University Perspectives, 1 hour
* **MATH 1203 –** College Algebra or higher, 3 hours
* **ENGL 1013** Composition I, 3 hours

 Total Semester Hours: 15

#### Spring Semester Year 1

* **ENGL 1023** Composition II [unless exempt] (Pre- ENGL 1013), 3 hours
* COMM 1313 Public Speaking, 3 hours
* **Fine Arts Core Elective**, 3 hours
* **Humanities Core Elective**, 3 hours
* Science Core Elective OR CHEM 1123/1121L University Chemistry II, 4 hours

Total Semester Hours: 16

#### Fall Semester Year 2

* NUTR 2113/2111L Principles of Foods (Pre-CHEM 1073/1071L **or** CHEM 1103/1101L, HOSP 2611, NUTR 1213)**, 4** hours
* **PSYC 2003** General Psychology, 3 hours
* STAT 2303 Principles of Statistics, 3 hours

Total Semester Hours: 16

#### Spring Semester Year 2

* **HDFS 2413** Family Relations **OR HDFS** 1403 Life Span Development, 3 hours
* ENGL 3053 Technical & Report Writing (Pre- ENGL 1013 & ENGL 1023) OR ACOM 3143 Communicating Ag to the Public, 3 hours
* Electives, 9 hours

Total Semester Hours: 15

#### Fall Semester Year 3

* NUTR 3213 Nutrition Education & Counseling (Pre- NUTR 1213), 3 hours
* NUTR 3103/3101L Culinary Nutrition w/lab (NUTR 2113/2111L), 4 hours
* **Social Science Core Elective**, 3 hours
* **US History or Government Core Elective**, 3 hours
* Electives, 3 hours

Total Semester Hours: 16

#### Spring Semester Year 3

* NUTR 4243 Community Nutrition (Pre- NUTR 1213), 3 hours
* Electives, 12 hours

Total Semester Hours: 15

#### Fall Semester Year 4

* NUTR 4223 Life Cycle Nutrition (Junior Standing), 3 hours
* NUTR 4303 Cultural Perspectives on Foods (Junior standing), 3 hours
* 9

Total Semester Hours: 15

#### Spring Semester Year 4

* NUTR 4403/4401L Recipe Modification w/ lab (Pre- NUTR 2113/2111L), 4 hours
* NUTR 4001 Nutrition Seminar, 1 hour
* NUTR 4103 Research Methods in Nutrition, 3hours (Senior standing and STAT 2303)
* Electives, 4 hours

Total Semester Hours: 12

#### Total Completed Hours: 120